

# The OC Swimmers & Swim Team



## Sept-July 2016/17

**Cost:** Early registration (registered by the 1<sup>st</sup> day of the month) \$25/month annual mbrs & \$35 non  
Late Registration (registering the 2<sup>nd</sup> day of the month or later) \$35/month annual mbrs & \$45 non

\* Each month is 4 lessons \* Registration: [www.ozarkmissouri.com](http://www.ozarkmissouri.com) (located within The OC page) or at The OC. Phone registration not accepted.  
Our program is extremely popular, and classes fill up very quickly. Early registration is advised. No refunds once registered.

**Contact:** Amber, [amberc@ozarkmissouri.com](mailto:amberc@ozarkmissouri.com) or @ 581-7002 x2024 for questions

### Saturdays Times & Levels Offered

**9:45-10:30AM** Preschool, Level 1, Wet Wiggles (30 min)  
**10:30-11:00AM** Guppies  
**10:45-11:30AM** Preschool, Level 1  
**11:45-12:30PM** Level 2, Pre-Swim Team

Saturday session dates: Sept 10-Oct 1<sup>st</sup>, Oct 8-29<sup>th</sup>, Nov 5-26<sup>th</sup>,  
(No Sat, Dec lessons – swim team will have practice Sat, Dec 3-17<sup>th</sup>), Jan 7-28<sup>th</sup>,  
Feb 4-25<sup>th</sup>, March 4-25<sup>th</sup>, April 1<sup>st</sup>-22<sup>nd</sup>, May 6-27<sup>th</sup>, June 3-24<sup>th</sup>, July 8-29<sup>th</sup>

### Tuesdays Times & Levels Offered

**\*10:00-10:45AM** Preschool, Level 1 (\*Offered only in June & July)  
**\*11:00-11:45AM** Preschool, Level 1 (\*Offered only in June and July)  
**4:30-5:15PM** Preschool, Guppies (Guppies is a 30min class)  
**5:30-6:15PM** Preschool, Level 1  
**6:30-7:15PM** Level 1, Level 2

Tuesday session dates: Sept 6-27<sup>th</sup>, Oct 4-25<sup>th</sup>, Nov 1-22<sup>nd</sup>, Dec 6-27<sup>th</sup>, Jan 10-31<sup>st</sup>,  
Feb 7-28<sup>th</sup>, March 7-28<sup>th</sup>, April 4-25<sup>th</sup>, May 2-23<sup>rd</sup>, June 6-27<sup>th</sup>, July 11-Aug 1<sup>st</sup>

### Wednesdays Times & Level Offered

Offered Sept - May  
**10:00-10:45AM** Preschool  
**11:00-11:45AM** Level 1

Wednesday session dates: Sept 7-28<sup>th</sup>, Oct 5-26<sup>th</sup>, Nov 2<sup>nd</sup>-23<sup>rd</sup>, Dec 7-28<sup>th</sup>,  
Jan 4-25<sup>th</sup>, Feb 1-22<sup>nd</sup>, March 8-29<sup>th</sup>, April 5-26<sup>th</sup>, May 3-24<sup>th</sup>

### Thursdays Times & Levels Offered

**\*10:00-10:45AM** Preschool, Level 1 (\*Offered only in June & July)  
**\*11:00-11:45AM** Preschool, Level 1 (\*Offered only in June and July)  
**4:30-5:15PM** Preschool, Guppies (Guppies is a 30min class)  
**5:30-6:15PM** Preschool, Level 1  
**6:30-7:15PM** Level 1, Pre-Swim Team

Thursday session dates: Sept 8-29<sup>th</sup>, Oct 6-27<sup>th</sup>, \*Nov 3-21<sup>st</sup> (\*No class 24<sup>th</sup>,  
Thanksgiving, makeup day of Mon the 21<sup>st</sup>), Dec 1-22<sup>nd</sup>, Jan 5-26<sup>th</sup>,  
Feb 2-23<sup>rd</sup>, March 9-30<sup>th</sup>, April 6-27<sup>th</sup>, May 4-25<sup>th</sup>, June 8-29<sup>th</sup>, July 6-27<sup>th</sup>

### Private and Semi-Private Lessons

All Ages and Skill Levels  
Private & semi private are eight, 30min lessons  
(Four - 1hr lessons available upon request for the same price)

**Private:** \$120 Annual Mbrs, \$130 Non Annual Mbrs

**Semi-Private:** \$80 EACH person Annual Mbrs

\$88 EACH person Non Annual Mbrs

2 or more people. You provide all the participants.  
1hr lessons recommended if participants are at different levels,  
and participants will be taught separately, splitting the hour.

Contact Amber @ 581-7002 x2024 **BEFORE** paying. Private  
lesson times can fill up quickly. Call early to avoid a wait list!

### Ozark Tiger Sharks Swim Team

Early reg, on or before the 1<sup>st</sup> day of month

\$45/mo mbrs, \$55/mo non

Late reg, the 2<sup>nd</sup> or later of each month

\$55/mo mbrs, \$65/mo non

**Swim Team Practices:** Sept - May, at The OC

Saturdays 8:30-9:30AM

Tue & Thurs 4:15-5:15PM or 5:15-6:15PM

Attendance to all 3 practices not required, but recommended.  
Uses the same session dates calendar as OC Swimmers  
classes, meeting 4 weeks/mo. (Pay close attention to dates).  
We welcome all students that can swim an IM, 50yds each of  
freestyle, breast stroke, butterfly, & backstroke without  
stopping. Those not meeting these requirements should enroll  
in Pre-Swim Team.

Sept-May, we belong to the Ozarks Area Swim League  
(OASL). We will host and participate in a few area meets with  
other indoor swim teams, info TBD. June and July, we belong  
to the SWMO Swim League. Practices are Mon-Thurs and  
held at the city outdoor pool. Practice/Meet info TBD.

Questions about the Swim Team?

Coach Dylan: [aquatics@ozarkmissouri.com](mailto:aquatics@ozarkmissouri.com).



**Wet Wiggles** Parent/Child Class, 6mo-2yrs. In this fun class, parents and children will begin to learn the fundamentals of water safety and exploration. Participants will learn kicking, paddling, blowing bubbles, and other skills to feel comfortable in the water.

**Guppies** Parent/Child Class, 2-4yrs. Fun, transition class to prepare your child for our Preschool Level. Designed for children who are not ready to be in the water without their parents. Basic techniques are taught in a fun and interactive way. Parents come dressed to be in the water.

**Preschool** Ages 3-5. Designed for children who do not fear the water and are ready to be independent from their parents. They will learn to float on their backs, glide, and learn to swim unassisted. This is a NON parent class. If child can swim 10+ ft. AND free float, register for Level 1.

**Level 1** Beginners 6yrs and older. Children 3-5yrs can join if they are able to swim 10 feet under and above water and free float without assistance. They will learn the basic strokes, free float, gain endurance, and how to save themselves if found in a dangerous situation.

**Level 2** Intermediate 6yrs and older. Must be able to free float and swim the length of the pool without assistance or stopping. They will define the basic strokes and work on endurance, with the end goal of swimming at least one lap (down and back) of at least two strokes, without stopping.

**Pre-Swim Team** Advanced. Must be able to swim one lap (down & back) and swim two strokes without stopping. They will define all strokes and gain in strength and endurance through lap swimming. Students should have the end goal to join the Swim Team (although not required).

**\*Sorry, but no refunds, credits, or class make-ups are offered\***

**PLEASE READ:** Please bring goggles for levels 2 and above. Sign up early - classes to fill up quickly. **Selecting Levels:** If you are uncertain about your child's level, make your best educated guess when registering, and if needed and if there are openings in another level, we can move them after during the first class. Most children are in the same level for several months. We will advise you at the end of each month which level your child is ready for next. **Child Safety:** Children 12 and under must have a parent stay in the building at all times. Children who cannot use the restroom on their own must have a parent stay in the pool area at all times. Please do not sit by your child's class.

**Refunds: No refunds, credits, or class make-ups are offered.** We understand you may miss classes due to illness or other, but if you miss a class, we do **not** offer make up classes due to limited class sizes. **Inclement Weather:** When Ozark Schools are cancelled or released early for inclement weather, there are no lessons, and you will receive a credit equal to the dollar missed lesson. A late school start for inclement weather will result in no AM classes, but we will still have PM classes.