



12 laps = 1 mile

- Clockwise **Mon/Wed/Fri**
- Counter-clockwise **Tue/Thur/Sat/Sun**
- Inside Lane: Walkers Only
- Middle Lane: Walkers and Passing
- Outside Lane: Joggers Only **NO WALKERS PLEASE**
- No more than two people are to walk side by side
- Please inform a slower person when you are passing (ex: "On your left.")
- Single strollers, wheelchairs, and walkers are welcome
- Only children actively walking/jogging and respecting all rules are permitted
- Children under 11 must have an adult present on the track
- Only OC members and paying guests allowed
- No video recording or standing to watch the games below