

Fall Ballet & Gymnastics 2019



Ballet * \$100/session mbrs & \$120 non. Each session is 15 classes

Monday Class Schedule: Mon, Sep 9th - Dec 16th (Dec 16 is a mini recital)

Wednesday Class Schedule: Wed, Sep 4th - Dec 18th (Dec 18 is a mini recital. No Classes 11/27 - Thanksgiving)

Thursday Class Schedule: Thurs, Sep 5th - Dec 19th (Dec 19 is a mini recital. No classes 11/28 - Thanksgiving)

Friday Class Schedule: Fri, Sep 6th - Dec 20th (Dec 20 is a mini recital. No classes 11/29 - Thanksgiving)

Ballet 1 (3-5yrs) Mon 9:00AM-9:30AM, Wed 11:15AM-11:45AM
Wed 4:15PM-4:45PM, or Fri 10:00AM-10:30AM

Ballet 2 (5-8yrs) Wed 4:50PM-5:20PM

Ballet 3 (8+ yrs) Thurs 5:00PM-5:30PM

Express ideas and feeling through the art of ballet. Participants will learn balance, grace, poise, and self-control. Traditional ballet clothing and shoes are preferred.

Gymnastics * \$120/session mbrs & \$140 non. Each session is 15 classes

Sat Class Schedule: Sat, Sep 7th - Dec 21st (Dec 21 is skills demo day for parents. No classes 11/30 - Thanksgiving)

Preschool (3-5yrs) Sat 9:00AM-9:45AM or Sat 9:55AM-10:40AM

This class is designed to increase a child's agility, balance, strength, coordination, and social skills in a fun environment while focusing on the basics of tumbling. Skills include: forward/backward rolls, straddle rolls, bridges, cartwheels, bar work, and basic walking styles on a balance beam.

Beginners (6 & up) Sat 10:50AM-11:35AM or Sat 11:45-12:30AM

Skills learned include: standing forward/backward rolls, cartwheels, handstand holds, handstand/forward roll combo, stationary round offs, back walk overs, back hand spring, rings, and beam.



OC GYMNASTICS



PLEASE READ: DUE TO LIMITED OPENINGS, IF YOUR CHILD MISSES A CLASS, WE DO NOT OFFER MAKE UP CLASSES. INCLEMENT WEATHER POLICY: IF OZARK SCHOOL IS CANCELED FOR INCLEMENT WEATHER, NO AM OR PM CLASSES. LATE START, NO AM CLASSES. EARLY RELEASE, NO PM CLASSES. A CREDIT FOR MISSED CLASS DUE TO INCLEMENT WEATHER WILL BE PUT ON YOUR CHILD'S OC ACCOUNT. TO REDEEM THE CREDIT, REGISTRATION FOR A CLASS MUST BE DONE IN PERSON, AT THE OC

THIS IS A SAMPLING OF OUR OC PROGRAMS. SEE WEBSITE FOR FULL LIST. FOR QUESTIONS EMAIL DYLANT@OZARKMISSOURI.COM.