

Fall Ballet & Gymnastics 2022



Ballet

* \$100/session members & \$120 non members
Each session is 15 classes

Wednesday Class Schedule: Aug 31 - Dec 14 (Dec 14 is a mini recital. No Classes 11/23 - Thanksgiving)

Thursday Class Schedule: Sep 1 - Dec 15 (Dec 15 is a mini recital. No Classes 11/24 - Thanksgiving)

Pre Ballet (3-5yrs) Wed 4:15-4:45PM

Ballet 1 (5-6yrs) Wed 4:50-5:20PM

Ballet 2 (6 & up) Thu 4:15-4:45PM

Ballet 3 (6 & up) Must have permission from instructor - Thu 4:50-5:20PM

Express ideas and feeling through the art of ballet. Students will learn balance, grace, poise, and self-control. Traditional ballet clothing and shoes preferred.

Gymnastics

* \$120/session members & \$140 non members
Each session is 15 classes

Thursday Class Schedule: Sep 1 - Dec 15 (Dec 15 is a skills demo day. No Classes 11/24 - Thanksgiving)

Saturday Class Schedule: Sep 10 - Dec 17 (Dec 17 is skills demo day)

Preschool (3-5yrs) Thu 9:10-9:55AM, Thu 10:00-10:45AM,
Sat 9:00-9:45AM, or Sat 9:55-10:40AM

This class is designed to increase a child's agility, balance, strength, coordination, and social skills in a fun environment while focusing on the basics of tumbling. Skills include: forward/backward rolls, straddle rolls, bridges, cartwheels, bar work, and basic walking styles on a balance beam.

Beginners (6 & up) Sat 10:50-11:35AM, or Sat 11:45AM-12:30PM

Skills learned include: standing forward/backward rolls, cartwheels, handstand holds, handstand/forward roll combo, stationary round offs, back walk overs, back hand spring, rings, and beam.



OC GYMNASTICS



PLEASE READ: DUE TO LIMITED OPENINGS, IF YOUR CHILD MISSES A CLASS, WE DO NOT OFFER MAKE UP CLASSES.
INCLEMENT WEATHER POLICY: IF OZARK SCHOOL IS CANCELED FOR INCLEMENT WEATHER, NO AM OR PM CLASSES.
LATE START, NO AM CLASSES. EARLY RELEASE, NO PM CLASSES. A CREDIT FOR MISSED CLASS DUE TO
INCLEMENT WEATHER WILL BE PUT ON YOUR CHILD'S OC ACCOUNT. TO REDEEM THE CREDIT, REGISTRATION FOR A
CLASS MUST BE DONE IN PERSON, AT THE OC

THIS IS A SAMPLING OF OUR OC PROGRAMS. SEE WEBSITE FOR FULL LIST. FOR QUESTIONS EMAIL [DYLANT@OZARKMISSOURI.COM](mailto:dylant@ozarkmissouri.com).