

OZARK PARKS & RECREATION PROGRAM CATALOG



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ABOUT THIS GUIDE

Welcome to the Ozark Parks & Recreation Virtual Program Guide! This guide is a dynamic resource designed to keep you informed about the wide variety of programs, activities, and events available throughout the year. From youth sports and fitness classes to senior programs and community events, we strive to offer something for everyone.

This is a living document that evolves with the seasons—new classes, programs, and events may be added, so we encourage you to revisit it regularly. Whether you're looking for a new activity to try, a special event to attend, or updated schedules, this guide serves as a convenient reference all year long.

HOW TO REGISTER FOR EVENTS & CLASSES

We strive to ensure that registering for our classes and programs is convenient for every family, whether they reside within or outside the City of Ozark. Registration is available in person at the Ozark Community Center or online.



REGISTER ONLINE

Come in and register with our staff at the Ozark Community Center at 1530 W. Jackson St.



VISIT US

Visit our website and go to the Registration Page to find all of our classes & programs.



CALL US

Call us at 417-581-7002 to ask any questions about our programs. Our knowledgeable staff will help you.

YOUTH PROGRAMS

ARCHERY

Grades: 4 - 8

Location: Ozark Community Center

Price: AFM: \$25 | MM: \$30

Program Season: July & September

Looking to hit the bullseye on your archery skills? Join our archery class and discover the thrill of shooting arrows with precision and accuracy. Our expert instructors will guide you through the fundamentals of archery, from proper posture and grip to aiming and releasing the bowstring.

BABYSITTING 101

Ages: 9 - 13

Location: Ozark Community Center Price: w/o CPR AFM: \$45 | MM: \$50,

w/ CPR AFM:\$75 | MM:\$80

Looking to become a confident and competent babysitter? Look no further than the Red Cross Babysitting Class! Our comprehensive course is designed to give you the skills and knowledge you need to provide safe and reliable care for children of all ages.

CHEER

Ages: 5 & up

Location: Ozark Community Center

Price: AFM: \$65 | MM: \$75 Program Season: Jan. - Feb.

Cheer class is designed to help participants improve their physical fitness, coordination, and performance skills in cheerleading. This class can be great for children who are interested in learning new skills, meeting new people, and having fun while exercising.

HOMESCHOOL P.E.

Location: Ozark Community Center Price: Visit our website for details

Program Season: Jan. - May & Sept. - Nov.

Designed for Home School students, ages 5 - 12, to develop and improve physical fitness, learn fundamentals of various sports, and build their aquatic skills and confidence by enjoying the use of the indoor swimming

GYMNASTICS

TODDLER TUMBLES

Ages: 2 - 3

Location: Ozark Community Center

Price: AFM: \$75 | MM: \$85

Program Season: Jan. - May; June - August; Sept. - Nov. Caregivers will guide children through this 45-minute class, introducing them to exercises and activities designed to develop gross motor skills, improve balance, and build strength and conditioning.

PRE-SCHOOL

Ages: 3 - 5

Location: Ozark Community Center

Price: AFM: \$130 | MM: \$140

Program Season: Jan. - May; June - August; Sept. - Nov. This class is designed to enhance a child's agility, balance, strength, coordination, and social skills in a fun and engaging environment. The focus is on tumbling fundamentals, with skills including forward and backward rolls, bridges, cartwheels, bar exercises, and basic balance beam walking techniques.

BEGINNER

Ages: 6 & up

Location: Ozark Community Center

Price: AFM: \$130 | MM: \$140

Program Season: Jan. - May; June - August; Sept. - Nov. Skills learned include standing forward/backward rolls, cartwheels, handstand holds, forward roll combo. stationary round-offs, back walkovers, back handsprings, rings, and beams.

INTRO TO TUMBLING Ages: 8 & up

Location: Ozark Community Center

Price: AFM: \$130 | MM: \$140

Program Season: Jan. - May; June - August; Sept. - Nov. This class will work on skills such as forward roll, handstand, handstand-forward roll, cartwheel, round-off,

front walkover, & back walkover.

MARTIAL ARTS

Martial arts classes at Ozark Parks & Recreation are a dynamic and empowering experience for individuals of all ages, skill levels, and backgrounds. Under the expert guidance of our esteemed instructor, Kristen Pattinson, participants embark on a transformative journey of selfdiscovery, discipline, and physical prowess. Kristen brings years of experience and a genuine passion for martial arts to every class, creating an inclusive and supportive environment where students feel encouraged to push their boundaries and achieve their personal best.

MARTIAL ARTS BELT LEVELS

LITTLE DRAGONS WHITE YELLOW

MEET YOUR INSTRUCTOR

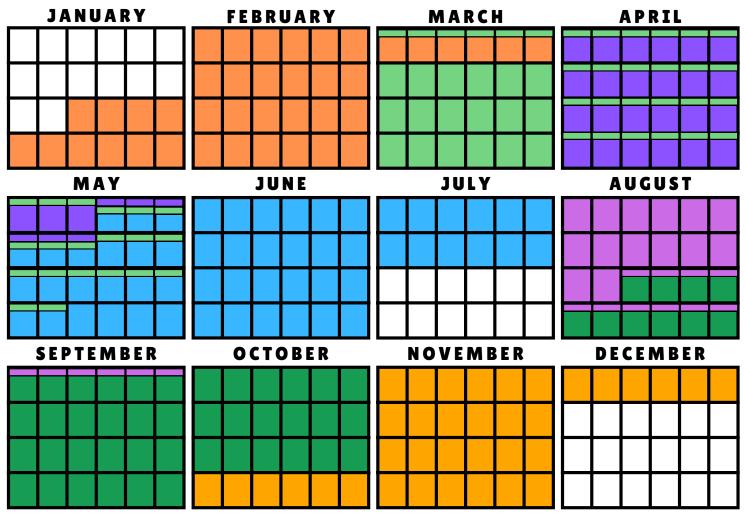


Meet the incredible Kristen Pattinson. a taekwondo extraordinaire boasting a Seventh-degree black belt! Her journey in this Korean martial art commenced during high school, and with dedication and passion, she earned her black belt in 1994. Now, as an accomplished practitioner, she serves as an esteemed assistant instructor at Springfield Taekwondo. With her expertise and experience, students will have a rewarding and empowering training experience under her guidance. Pattinson's devotion to taekwondo shines through, inspiring others to kick-start their own martial arts journey!

FIND MORE INFORMATION ABOUT **OUR YOUTH PROGRAMS**



SPORTS PROGRAMS BY SEASON



Check our website for up-to-date registration and game dates



BOYS BASKETBALL REGISTRATION: OCT. - DEC.

Games: mid-Jan. - early March Price: AFM: \$60/month | MM: \$80/month



GIRLS BASKETBALL REGISTRATION: AUG. - SEPT.

Games: mid-Jan. - early March

Price: AFM: \$60/month | MM: \$80/month



SPRING SOCCER

REGISTRATION: MID-DEC. - FEB. 6 Games: late March - late May

Price: AFM: \$60/month | MM: \$80/month



FALL SOCCER **REGISTRATION: MAY - JUNE**

Games: mid-Jan. - early March

Price: AFM: \$60/month | MM: \$80/month



BASEBALL/SOFTBALL REGISTRATION: JAN. - MARCH

Games: early April - mid-May

Price: AFM: \$60/month | MM: \$80/month



FALL VOLLEYBALL **REGISTRATION: MARCH - JUNE**

Games: mid-Jan. - early March Price: AFM: \$60/month | MM: \$80/month



SPRING VOLLEYBALL REGISTRATION: DEC. – FEB. Games: early April - mid-May

Price: AFM: \$60/month | MM: \$80/month

FIND OUT ABOUT OUR SPORTS **PROGRAMS**





FITNESS PROGRAMS

All of the below classes are included in your Membership to the Ozark Community Center (The OC). Find out more about the Ozark Community Center HERE

YOGA

Linking breath with movement, in a flow of dynamic poses that build strength and flexibility.

VINYASA FLOW

This will be a fluid and dynamic practice. By incorporating power options, it will give you a more vigorous workout alongside the calming benefits of yoga.

GENTLE YOGA & STRETCH

Great for beginners and older adults. Teaches basic yoga postures and breathing techniques, and the pace is reasonably slow.

YOGALATES

A dynamic and challenging workout, combining yoga poses with high-intensity Pilates exercises that will enhance flexibility, balance, and strength.

YOOI

This class, combining yoga and Qigong, will provide strength, stamina, flexibility, and balance, as well as improve mental alertness and focus. Beginners welcome!

POWER PILATES

This class combines core-focused Pilates movements with dynamic stretching and power-packed sequences, delivering a challenging yet accessible workout.

PILATES

Improve your physical strength, flexibility, and posture while enhancing your mental health with our Pilates class!

TBC - TOTAL BODY CONDITIONING

Designed to burn calories and fat. Every class is different and designed to keep your body guessing.

TBC EXPRESS

TBC (Total Body Conditioning) in a shorter timeframe. This class is our only Express class, lasting 30 minutes rather than 45 minutes.

AOUA FIT

Build strength and burn calories with the benefit of the low impact and high resistance of the water.

LOW IMPACT AQUA FIT

Designed for those limited by impaired joint motion and/or strength, this aerobics class, held in the pool, builds strength to support joints while increasing the range of motion and stability.

AOUA HIIT

Not your average Water Fitness Class! This class will get your heart rate up with high-intensity intervals that promise strength, toning, and cardio, all while keeping joint impact to a minimum.

SENIOR FIT

A weight and cardio combination class that will keep you moving and help you improve your strength, range of motion, and stability.

FITNESS & FELLOWSHIP

The first half of this older adult class is a total body workout that utilizes chairs for stability, followed by Food and Fellowship afterward!

ZUMBA

A smokin' hot Latin dance class that will have you burning some serious calories and having the time of your life!

GLOW

This fitness dance class boasts a variety of party music, including (but not limited to) hip-hop, Latin hits, and more! Be ready for fun lights and effects to help you dance your way to a fitter you!

SHINE

SHINE Dance Fitness (TM) mixes current hit music with original choreography for the ultimate confidence-boosting, full-body workout experience! Come along...it's your time to SHINE!

GROUP CYCLE

Strengthen your lower body, increase cardiac output, and burn serious calories, in our group cycling classes.

CHAIR YOGA

Gain strength, endurance, and flexibility, while relieving stress and improving mental clarity in this modified Y oga class, which utilizes chairs for balance and stability.

SILVER SNEAKERS

With Silver Sneakers you will move through a variety of exercises to increase muscular strength and range of motion. (older adult class)

FIND MORE INFORMATION ABOUT OUR FITNESS PROGRAMS HERE





SUMMER CAMP

Price:

WHOLE WEEK

- AFM: \$130
- MM: \$140

PICK ANY 3 DAYS

- AFM: \$110 MM: \$125
- Program Dates: TBA

Registration Opens: March 22

JUNIOR JOURNEYS: Finishing K - Finishing 2nd

This camp offers our beginning & youngest campers a fun and safe camp experience as they enjoy a new "theme" each week. Lots of swimming, crafts, games, at least two (2) field trips per week, and wonderful interaction with our super camp counselors allow these campers to have a very positive camp experience.

RIVERSIDE ADVENTURES: Finishing 3rd - Finishing 6th Children finishing grades 3rd through 6th can take the next step in their OC Summer Camp experience and join our Riverside Adventure. This camp field trips 3-4 times per week and has a little more adventure in their group from sports competitions to exploring caves and paddling rivers, water parks, and more. This camp is its own "Adventure" as they make friendships to last a lifetime!

LEGO CAMP

Price:

- AFM: \$110
- MM: \$135

Program Season:

SPRING: April 21 - 25 SUMMER: July 7 - 11

FALL: October 6 - 10

Grade: 3 - 5

Join us for an exciting journey through the world of LEGO building at the Ozark Parks and Recreation LEGO class! Designed for children in grades 3rd through 5th, this engaging STEAM-focused program will explore various modes of transportation using everyone's favorite building blocks. Young builders will embark on a creative adventure while honing their problem-solving and teamwork skills.



SPRING BREAK CAMP

Price:

FULL CAMP

- AFM: \$110
- MM: \$135
- PER DAY AFM: \$25

MM: \$30

Program Dates: March 17 - 21 Registration Opens: January 2025

Grade: K - 6

Join us for an unforgettable Spring Break at The OC! From field trips to exciting activities at The OC to making new friends, your child won't be lacking in the "having fun" department. Kids should bring their backpacks, towels, swimsuits, a sack lunch, and snacks daily. Closed-toed shoes are required for the Rock Wall, and socks are required for the Bounce House.

WINTER BREAK CAMP

FULL CAMP

- AFM: \$185
- MM: \$210

PER DAY

- AFM: \$25
- MM: \$30

Program Dates: December 23, 26, 27, 30, 31 & January 2, 3, 6

Registration Opens: October 9

Grade: K - 6

The Winter Break Camp at The OC is the perfect way for your kids to spend their time off from school! With a mix of adventurous field trips and plenty of time to enjoy our incredible amenities, your children will be engaged and entertained the entire break. Your kids will make new friends, explore new interests, and create lasting memories while having a blast in a safe and supportive environment. Don't miss this chance for your little ones to unwind and enjoy their holiday break! Sign up now to reserve their spot!

FIND MORE INFORMATION ABOUT OUR CAMP PROGRAMS



SENIOR PROGRAMS

ON THE ROAD AGAIN

Ages: 55+

Location: Ozark Community Center

Price: Price varies on trips.

On the Road Again for those 55+ is an opportunity to provide social engagement, education, and recreation to people in their golden years. These trips can help to break up routine activities and offer seniors new experiences while making new friends.

SIVLER SNEAKERS

The Tivity Health SilverSneakers Fitness program is an insurance benefit included in more than 65 Medicare health plans. Through SilverSneakers, health plans and group retirement plans provide a gym membership to their insured, usually at no additional cost.

SENIOR BINGO

Ages: 55+

Location: Ozark Community Center

Price: FREE

Come join us for a good time full of snacks, fellowship, and, of course, BINGOS! In conjunction with The Ozark Baptist Home, this event is free for all people 55+.

FIND MORE INFORMATION ABOUT OUR SENIOR PROGRAMS

HERE:

AQUATIC PROGRAMS

GROUP SWIM LESSONS

Age: All Ages

Location: Ozark Community Center - Aquatic Facility Price: AFM: \$45 | MM: \$55

Our swim lessons are now based on the renowned Starfish Aquatic Institute (SAI) curriculum dedicated to water safety training and certification worldwide. With a revamped, learner-focused structure organized into colorcoded levels, we aim to accelerate skill development, reducing the need for level repetition. This change ensures that more participants can benefit from our program.

We have private and semi-private options that'll make a splash for swimmers of all ages and skill levels! With one-on-one private lessons or two-on-one semi-private lessons, your young swimmers will be swimming like pros in no time!

PRIVATE LESSONS Age: All Ages

Location: Ozark Community Center - Aquatic Facility

Price: AFM: \$160 | MM: \$200

Eight (8) 30-minute lessons per session OR four (4) 1-hour lessons per session.

SEMI-PRIVATE LESSONS Age: All Ages

Location: Ozark Community Center - Aquatic Facility

Price: AFM: \$100 | MM: \$110

You must provide all participants (2+ participants) Eight (8) 30-minute lessons per session OR four (4) 1-hour lessons per session

<u>LIFEGUARD CERTIFICATION</u>

Age: 15 & up

Location: Ozark Community Center - Aquatic Facility

Price: AFM: \$180 | MM: \$200

We are excited to offer you the American Red Cross

Lifeguarding blended learning course.

Our blended learning programs combine self-paced, interactive online instruction and in-person sessions. Blended Learning courses allow you to learn on your schedule and demonstrate course competencies with a certified instructor. The course is approximately 21 hours & 30 minutes.

SWIM CHALLENGE

Age: All Ages

Location: Ozark Community Center - Aquatic Facility

Price: \$25

Program Dates: February 1 - October 31

The mile swim challenge is an exciting and exhilarating way to test your endurance and swimming skills. This challenge is a great way to push yourself to the limit and achieve a personal goal while also having fun and enjoying the water.

SWIM PREP Age: All Ages

Location: Ozark Community Center - Aquatic Facility

Price: AFM: \$75 | MM: \$80

This program is geared toward beginner to intermediate swimmers and serves as a progression to our Summer Swim League, ensuring participants are prepared and confident to take the next step in their swimming journey. Swim Prep emphasizes skill development, confidence building, and readiness for competition.





COMMUNITY EVENTS

SPRING & SUMMER

JAN. 25

FATHER-DAUGHTER DANCE

Location: Ozark Community Center
Price: AFM: \$25 | MM:\$30 (\$10 per additional child)

FEB. 22

MOM & ME FUN NIGHT

Location: Ozark Community Center
Price: AFM: \$25 | MM:\$30 (\$10 per additional child)

APRIL 26

SPRING INDOOR GARAGE SALE

Location: Ozark Community Center

Price: FREE | Vendor Fee: \$20 AM - \$25 MM (\$5/table)

APRIL 12



Location: Ozark Community Center **Price:** Egg Hunt is FREE

JUNE 14, JULY 12 & AUG. 9



Location: Ozark Community Center **Price:** FREE | \$10 for the Activity wristband

Take a break from the heat with a night of fun activities at The OC. Purchase a wristband and enjoy laser tag, the obstacle course, the bounce house, and gaga ball from 5 - 7 pm. Then join us for a free family movie starting at 7 pm.

FALL & WINTER

OCT. 25

FESTIUAL OF FRIGHTS

Location: Ozark Community Center
Price: FREE | \$10 for the Activity Wristband

SEPT. 27

FALL INDOOR GARAGE SALE

Location: Ozark Community Center

Price: FREE | Vendor Fee: \$20 AM - \$25 MM (\$5/table)

NOU. 21

MAYOR'S TREE LIGHTING

Location: Ozark Community Center

Price: FREE

NOU. - DEC.

FESTIVAL OF LIGHTS

Location: Finley River Park

Price: FREE